

The Change Bulletin

J U N E 2 0 2 2 E D I T I O N



There's lots to celebrate!

Hey ,

Wow! It feels like a sprint to the finish with only 5 weeks until the summer holidays! I down tools for a significant chunk of that, and also enjoy some space to reflect on where my business is going in the year ahead.

Actually, I'm off work today for my birthday and am looking forward to the [Thames Valley Chamber of Commerce](#) Business Awards where It's Time for Change has been nominated!!! Look out for an update on LinkedIn tomorrow 🙌
Why not find out why I've been nominated [here](#)!

Like so many people, I'm in the midst of juggling sports days, school leavers events (I can't believe Eva is going to secondary school!), and the fun of summer sunshine which is such a pull from work! Life is busy but feeling good 😊.

I hope you are feeling the positive vibes and inspired by some ideas in this bulletin. Drop me a line and let me know what sparks your interest and to chat through any ideas.

Lisa



After Action Review

Project Reviews is not a service I've talked much about, but I enjoyed working with Smedley Group so much that I'm keen to do more! It fits well to inform leadership, create positive work culture, and embrace change. AAR is an awesome way to improve experience and outcomes.

[Find out more...](#)



Transcending Leadership

"I enjoyed exploring what leadership actually is, as opposed to managing staff and

processes. You have a refreshing approach to leadership coaching." "It was inspiring to hear from others and share experiences in the pursuit of living true to our authentic selves. It's a milestone in my development as a leader!"

[Find out more...](#)



TVCC Awards

I am honoured to have been nominated along with [Fluff Software](#), [Moxy & Residence Inn Slough](#), and [White Communications](#). 2019 saw the launch of what It's Time for Change is today, a business that I am super proud of. I'm looking forward to meeting these awesome companies tonight and sharing my respect.

[Read for yourself what the judges saw...](#)



HR SOS

Who has your back when you're feeling stuck? Who do you use as a sounding board for issues with personnel? Who do you go to for support to develop new aspects of practice to improve work culture, retention, recruitment, employee engagement and performance? As a psychologist, I provide objective expertise, and

am at the end of a phone. Interested in a free session?



Podcast

I have been joined by [Dave Harms](#) discussing [remote working](#), [Lydia Berry](#) overcoming fear, [Will Shorter](#) sharing his experience of a [toxic culture](#), and [John Holland](#) exploring [men's health week](#). There is much to learn from these conversations that really can make a difference to the experience and engagement of employees.

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“

You are so **on-point** with this Lisa.
Great Podcast, in a **league of it's own**, yet again.”

DAVID SAAB | Business Alliance Manager | Thames Valley Chamber of Commerce

A Final Thought From Me...

Whether I win an award or not, I am really proud of the support I offer to companies and my range of help continues to grow. And I love what I do! Let me help you... go on... email me so we can talk about how I can make a difference in your company... don't add it to the bottom of the to do list - do it now. Drive positive change. lisa@itstimeforchange.co.uk

Ready to start the conversation, share your challenges and explore a

way forward?

Drop me a line

Connect with me on LinkedIn

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