The Change Bulletin

OCTOBER 2021 EDITION



The Great Resignation

Hey,

This month it feels like there has been a real awakening for leaders about the need to rethink business. With the reality of the job market shake-up hitting home, companies are realising the need to up their game. Retention and recruitment are two hot challenges and now more than ever we need to be focusing on meeting employee needs.

I welcome the shift from a narrow focus on wellbeing during the pandemic to a more holistic, strategic approach that centres around employee experience. It's not rocket science to understand that when people go to work feeling good about themselves, their role, their team and their company, they experience good mental wellbeing, perform better and are more loyal.

I've been busy since the last bulletin sharing my expertise about this subject speaking at events, facilitating workshops, coaching, contributing to podcasts and making an appearance on the radio. It's been a busy month! Find out more below!





What resilience *really* means & how organisational culture can make or break it.

Whoop Whoop! Back in front of real-life humans presenting! Meeting so many lovely and inspiring people reminded me of the value of getting out there instead of being stuck behind a screen. Watch a recording of my session.

Book your place on the next OWiBN



Future-Proofing your Business in a Changing World

Emma, Liz and I are pleased to be able to share our insights with you. Find out more to improve the physical, mental and financial health of your employees, to help you intentionally shape the future of your company.

Watch webinar here



Working through a pandemic and beyond...

WOW what a topic! It brought up some fantastic questions about challenges businesses face, but we ran out of time to answer them all! So, I've provided my thoughts in a blog to accompany the webinar recording.

Read and Watch more

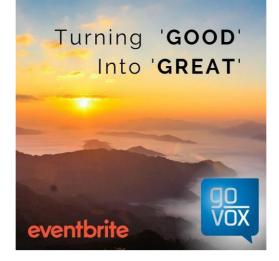


Better you | Better business

<u>Sue Reeves</u> hosted this buzzing event to support people to take action to improve health and wellbeing for themselves & employees.

I hosted 3 workshops: (i) Building a Work Culture to Enable Creativity, Teamwork and Wellbeing, (ii) The Brain vs KPIs with <u>Ian Fever</u>, and (iii) Leading Change with <u>Amanda Page</u>.

Read my take on these topics



Our 'not-a-webinar'

Last week, <u>Richard</u> (<u>GoVox</u>) and <u>I</u> held a relaxed, informal discussion, around how companies should support employees to thrive, with a focus on managers.

This event sold out, so for those who weren't able to grab yourself a ticket, fear not - catch the recording below.

Watch the session recording



Runn Radio launched its mental health & well-being day...

... and I was there to talk to all the listeners about exiting Covid-19 and the anxiety around getting back to normal. Hats off to <u>John Holland</u> who did an amazing job of pulling it all together!

Take a listen to the interview



HELP needed ...

I have been wracking my brain trying to come up with the perfect name for my podcast. So, after enlisting some creative types to generate a list, I now need your help. I'd love it if you could let me know which names on my shortlist resonate with you. Which would get you to listen? Do you have a better suggestion?!

Podcast name shortlist



The Great Resignation

The <u>2021 Work Index</u> shows that 41% of the workforce is considering leaving their employer this year, a statistic similar to other studies. Are you? Are your colleagues? Find out 7 trends leaders need to be aware of to keep hold of your people.

What are you doing to feel confident that your company *really* is the best it can be?

Ready to start the conversation, share your challenges and explore a way forward?

Drop me a line

Connect with me on LinkedIn



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