

Wellbeing & Engagement Survey Sample

Key: 1 Never - 2 Seldom - 3 Some-times - 4 Often - 5 Always

CONTROL/DEMANDS	KEY:	WHAT WORKS WELL	WHAT COULD BE BETTER	SOLUTIONS TO ISSUES	WHAT I CAN DO
<p>I can decide how to plan my day e.g. breaks</p> <p>I have sufficient opportunity to question managers about work & change</p> <p>I have sufficient say in the way I do my work</p> <p>I have an achievable workload/ deadlines/ targets that fit within my hours</p> <p>I have the chance to use my strengths every day at work</p> <p>I have some control over my work environment e.g. I can obtain privacy when needed</p>					
SUPPORT					
ROLE					
RELATIONSHIPS					
CHANGE					